AUGUST 2015

Monday	Tuesday	Wednesday	Thursday	Friday
3 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF	4 No activities today. VOTING DAY!	5 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise	6 9-10 Fitness for Everyone 10-2 AARP Safety Driving Course	7 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga for FFF
10 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 1:30—3:00 Thread, Yarn, Crochet, & Coffee 6:00 Line Dancing	11 9-10:30 Men's Bible 9-10 Fitness for Everyone 1:30-3:00 Painting Pals	12 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise	9-10 Fitness for Everyone	14 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga for FFF
17 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF	18 9-10:30 Men's Bible 9-10 Fitness for Everyone 1:30-3:00 Painting Pals	19 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise	20 9-10 Fitness for Everyone	21 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga for FFF
24 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 1:30—3:00 Thread, Yarn, Crochet, & Coffee	25 No activities today. VOTING DAY!	26 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise	27 9-10 Fitness for Everyone 1-4 Bridge	28 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga for FFF
6:00 Line Dancing		I	1	

31 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30—12 Yoga FFF

6:00 Line Dancing