

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix	2 9-10 Fitness for Everyone 10-11 Martial Arts	3 <u>CLOSED!!</u>
6 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix 6:00 Line Dancing	7 9-10:30 Men's Bible 9-10 Pedal Pushers 9-10 Fitness for Everyone 1:30-3:00 Painting Pals	8 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix	9 9-10 Fitness for Everyone 10-11 Martial Arts	10 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga for FFF
13 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-3:00 Thread, Yarn, Crochet & Coffee 1:30-2:30 The Complete Mix 6:00 Line Dancing	14 9-10:30 Men's Bible 9-10 Fitness for Everyone 10:15—11:00 ZUMBA GOLD 1:30-3:00 Painting Pals	15 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix	16 9-10 Fitness for Everyone 10-11 Martial Arts 1-4 Bridge	17 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF
20 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 1:30-2:30 The Complete Mix 6:00 Line Dancing	21 9-10:30 Men's Bible 9-10 Fitness for Everyone 10:15—11:00 ZUMBA GOLD 1:30-3:00 Painting Pals	22 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12-30-1:15 Senior Fit 1:30-2:30 The Complete Mix	23 9-10 Fitness for Everyone 10-11 Martial Arts 10-11 Tech 101—Humana 1-4 Bridge	24 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF
27 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix 1:30-3:00 Thread, Yarn, Crochet, & Coffee 6:00 Line Dancing	28 9-10:30 Men's Bible 9-10 Fitness for Everyone 10:15—11:00 ZUMBA GOLD 1:30-3:00 Painting Pals	29 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12-30-1:15 Senior Fit 1:30-2:30 The Complete Mix	30 9-10 Fitness for Everyone 10-11 Martial Arts 1:30-3:30 Popcorn & Movie	

