

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			1 9-10 Fitness for Everyone 10-11 Martial Arts	2 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF
5 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix 6:00 Line Dancing	6 9-10:30 Men's Bible 9-10 Fitness for Everyone 11:30 GARDEN CLUB 10-11 Martial Arts 1:30-3:00 Painting Pals	7 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix	8 9-10 Fitness for Everyone 10-11 Martial Arts	9 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF
12 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix 1:30-3:00 Thread, Yarn, Crochet & Coffee 6: 00 Line Dancing	13 9-10:30 Men's Bible 9-10 Fitness for Everyone 10-11 Martial Arts 10:15-11 ZUMBA GOLD 1:30 WOODEN ELF LEGS DECORATION CLASS 1:30-3:00 Painting Pals	14 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30-1:15 Senior Fit 1:30—2:30 The Complete Mix	15 9-10 Fitness for Everyone 10-11 Martial Arts 1-4 Bridge	16 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF
19 9-10 Exercise 10-11 Exercise 11-11:30 Yoga R&R 11:30-12 Yoga FFF 12:30-1:15 Senior Fit 1:30-2:30 The Complete Mix 6:00 Line Dancing	20 9-10:30 Men's Bible 9-10 Fitness for Everyone NO ZUMBA No Martial Arts 1:30-3:00 Painting Pals	21 9:30 Men's Agape Coffee Group 9-10 Exercise 10-11 Exercise 12:30—1:15 Senior Fit 1:30-2:30 The Complete Mix	22 9-10 Fitness for Everyone No Martial Arts No Bridge	23 NO ACTIVITIES!
26 HOLIDAY!	27	28	29	30