RIDGELAND RECREATION AND PARKS **PRESENTS**

NFL FLAG FOOTBALL

Come join the Ridgeland Recreation and Parks Department and NFL for its 16th season of flag football. This program has been growing for the past 15 years with over 300 boys and girls, ages 6 -9, participating in the program. This will build good hand eye coordination and reflexes, as well as teamwork and the basic fundamentals of football. Flag football is also an excellent opportunity to experience physical exercise and social interaction. This is for boys and girls ages 6 to 9. For more information, contact John Sidney North 601-853-2011.

Program Price: \$70

NOW - August 17 Registration:

Event Date: September – November

Day of the Week: **Tuesdays**

Location: Freedom Ridge Park





NFL PUNT PASS AND KICK

The City of Ridgeland Recreation and Parks in conjunction with the NFL will be hosting the annual punt, pass and kick competition on Saturday, September 15, 2012 at Freedom Ridge Park. Registration will be held at 9:00 a.m. through 9:30 a.m. The competition will be for boys and girls ages 6-15. There will be five age groups: 6/7, 8/9, 10/11, 12/13, and 14/15. The top scorer in each age division will advance to the sectional meet to be held in Jackson. This is a free event open to all boys and girls ages 8-15. The winners at the sectionals will advance to the Team Championship in New Orleans.

Start Date: September 15 Start Time: 9:00 a.m.

Freedom Ridge Park Location:

Day of the Week: Saturday

2012 FLAG FOOTBALL SPONSORS



















RIDGELAN

recreation & parks

NORTHPARK MALL









